What's Happening

Women's Week

March 1st through the 8th, the Women's Center is hosting events that embody this year's theme: Creating Change through Courage and Compassion. From Andi Zeisler, the co-founder of B*tch Media, to Emerald LaFortune, a fly fishing and raft guide, there is sure to be an event for everyone.

Eating Disorder Awareness Week

Nebraska's Healthy Outlook Peer Educators (HOPE) is honoring eating disorder awareness week starting February 26th - March 4th. The theme: "Come As You Are: A Week of Positivity, Learning and Self-Care." [link](https://involved.unl.edu/eating-disorders-awareness-week)

Feminist Fun Time

Come join the Women's Center on Fridays this semester! We will explore gender-related issues and helps others learn more about present-day feminism. This week we are having a book discussion at 11:30 am on Andi Zeisler's book, "We Were Feminists Once."

Unpacking Perfectionism

Join our weekly support group on Wednesdays at 11:30 am - 12:30 pm. This is a support group for unpacking expectations of perfectionism in your life, relationships, and culture. Open to UNL students, staff, and faculty.

Student-Parent Support Group

The support group allows students with children to connect with other student-parents while processing emotions related to student life and parenting in a safe space. If you're interested in joining, fill out the doodle poll with times you can meet. [link](https://doodle.com/poll/g8b8asf3w7qdr5fp)

For comments, questions or concerns, contact Brittany at wcprogramming@unl.edu